

# Greek Lentil Burgers

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-lentil-recipe>

## Ingredients:

- 1 egg
- 2 cups mushrooms chopped
- 1 clove garlic
- 1/2 onion
- 1/4 cup fresh mint leaves
- 1 teaspoon dried oregano
- 540 milliliters lentils rinsed
- 1 cup whole wheat bread crumbs
- 4 whole wheat burger buns thin
- 4 lettuce leaves
- 4 tomato slices
- 4 eggplant 1/2-in.-thick round slices
- 8 slices cucumber If using English cucumber, leave skin on
- 4 teaspoons olive oil divided