

Greek Lemon Chicken Orzo Soup

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-lemon-chicken-orzo-recipe>

Ingredients:

- 1 pound boneless skinless chicken breasts cut into 1-in cubes
- 2 medium carrots cut into 1-in cubes
- 2 stalks celery cut into 1-in cubes
- 1 medium onion finely diced
- 2 tablespoons olive oil
- 3 cloves garlic minced
- 4 cups chicken broth
- 2 cups orzo pasta cooked according to package instructions
- 2 cups baby spinach fresh
- 1/4 cup lemon juice
- 1 tablespoon grated lemon zest
- 2 tablespoons fresh oregano minced
- salt
- pepper
- crumbled feta for serving

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 50 grams
3. Cholesterol: 55 milligrams
4. Fat: 10 grams
5. Fiber: 5 grams
6. Protein: 28 grams
7. SaturatedFat: 2 grams
8. Sodium: 350 milligrams
9. Sugar: 2 grams

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