

Lamb Souvlaki (Greek Lamb Skewers)

Yield: 4 min
Total Time: 530 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-lamb-skewers-recipe>

Ingredients:

- 1 3/4 pounds lamb leg or shoulder, boneless, 800g / 28.2 oz
- mint handful chopped, fresh, or less if dried
- 2 tablespoons rosemary chopped, fresh, or less if dried
- 1 lemon juiced
- 1/2 cup extra virgin olive oil 60 ml / 2 fl oz
- 1/2 teaspoon salt I used pink Himalayan or to taste

Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 130 milligrams
4. Fat: 37 grams
5. Fiber: 2 grams
6. Protein: 43 grams
7. SaturatedFat: 8 grams
8. Sodium: 420 milligrams
9. Sugar: 3 grams

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