

# Greek-style Lamb Sausage Salad

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-lamb-sausage-recipe>

## Ingredients:

- lamb sausages good quality
- chickpeas
- cucumber telegraph
- cherry tomatoes
- red capsicum roast
- Kalamata olives black
- fresh mint leaves
- flat leaf parsley
- feta cheese
- lemon
- extra-virgin olive oil
- balsamic vinegar

## Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 40 milligrams
4. Fat: 20 grams
5. Fiber: 2 grams
6. Protein: 9 grams
7. SaturatedFat: 6 grams
8. Sodium: 590 milligrams
9. Sugar: 2 grams
10. TransFat: 0.5 grams

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