

Greek Lamb Chops with Tzatziki Sauce

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-lamb-chop-marinade-recipe>

Ingredients:

- 8 lamb chops
- 1/4 cup lemon juice
- 2 tablespoons olive oil
- 1 clove garlic grated
- 1 1/2 teaspoons kosher salt
- 1/2 teaspoon pepper
- 2 cups plain greek yogurt
- 2 cups cucumber diced, or shredded
- 1/2 cup fresh dill minced
- 1/4 cup lemon juice
- 2 cloves garlic grated
- 1/2 teaspoon salt
- 1/4 teaspoon pepper

Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 165 milligrams
4. Fat: 42 grams
5. Fiber: 1 grams
6. Protein: 45 grams
7. SaturatedFat: 19 grams
8. Sodium: 1380 milligrams
9. Sugar: 8 grams

Thank you for visiting our website. Hope you enjoy Greek Lamb Chops with Tzatziki Sauce above. You can see more 15 greek lamb chop marinade recipe Savor the mouthwatering goodness! to get more great cooking ideas.