

# Greek Lamb Burger

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-lamb-burger-recipe>

## Ingredients:

- 1 pound lamb ground
- 1/2 teaspoon oregano dried
- 1 teaspoon rosemary fresh
- 1/2 cup red onion diced
- 1/3 cup feta cheese crumbled
- 1/2 teaspoon salt
- 1/2 cup Greek yogurt plain
- 2 teaspoons lemon juice fresh
- 1/2 teaspoon rosemary fresh
- 1/4 teaspoon oregano dried
- 1 clove garlic finely minced
- 1/4 teaspoon salt
- lettuce
- onion

## Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 100 milligrams
4. Fat: 30 grams
5. Fiber: 1 grams
6. Protein: 23 grams
7. SaturatedFat: 14 grams
8. Sodium: 670 milligrams
9. Sugar: 4 grams

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