

Oven-Baked Greek-Inspired Halibut

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-halibut-recipe>

Ingredients:

- 32 ounces halibut fillets
- 3/4 cup grape tomatoes quartered
- 1/4 cup Kalamata olives torn
- 1/2 lemon thinly sliced
- 1/4 cup extra virgin olive oil
- 1/2 lemon
- 2 cloves minced garlic
- 1 tablespoon fresh oregano leaves loosely chopped
- 1/2 teaspoon Dijon mustard
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 1/4 cup crumbled feta cheese *omit for Whole30/Paleo

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 80 milligrams
4. Fat: 21 grams
5. Fiber: 2 grams
6. Protein: 50 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 890 milligrams
9. Sugar: 1 grams

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