

Healthy Greek Gyros

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/authentic-greek-gyros-recipe>

Ingredients:

- 1 pound ground turkey
- 10 ounces frozen spinach thawed and squeezed.
- 1 tablespoon grill seasoning
- 2 teaspoons ground cumin
- 1 tablespoon chili powder
- 1 tablespoon coriander
- 1 teaspoon dried oregano
- 2 pinches ground cinnamon
- 1/2 cup feta cheese crumbles
- 1/4 cup cucumber peeled and grated
- 1 cup plain greek yogurt
- 1 lemon juice juice from 1 lemon
- 1 clove garlic
- 3/4 teaspoon cumin
- 4 pitas

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 115 milligrams
4. Fat: 18 grams
5. Fiber: 8 grams
6. Protein: 33 grams
7. SaturatedFat: 6 grams
8. Sodium: 740 milligrams
9. Sugar: 6 grams

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