

Greek Gyro Burger

Yield: 4 min
Total Time: 28 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-gyro-burger-recipe>

Ingredients:

- 4 hamburger buns Grain Free
- 1 pound meat USWM ground lamb
- 1 teaspoon fresh rosemary chopped
- 1 teaspoon fresh oregano chopped
- 1 tablespoon lemon juice
- 2 garlic cloves minced
- 1 tablespoon virgin olive oil extra-
- 1/2 teaspoon sea salt
- 1/8 teaspoon fresh ground pepper fresh
- 1 tomato sliced
- 1/2 red onion thinly sliced
- 4 pieces romaine lettuce
- 6 ounces plain greek yogurt
- 1/2 cup cucumber peeled, seeded and chopped
- 1 tablespoon virgin olive oil extra-
- 2 teaspoons lemon juice
- 2 garlic cloves minced
- 1 teaspoon red wine vinegar
- 1 teaspoon dill chopped
- salt
- pepper

Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 90 milligrams
4. Fat: 37 grams
5. Fiber: 2 grams
6. Protein: 26 grams

7. SaturatedFat: 14 grams
 8. Sodium: 790 milligrams
 9. Sugar: 7 grams
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