

Greek-Style Gigantes Beans with Feta

Yield: 8 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/butter-beans-greek-recipe>

Ingredients:

- 3 cups gigantes dried, or other large white beans like lima beans
- 8 cups water
- 1 1/2 teaspoons kosher salt
- 1/4 cup virgin olive oil extra-, plus 2 additional tablespoons
- 1 clove garlic peeled
- 1 yellow onion large, finely diced
- 1 stalk celery finely diced
- 1 can crushed tomatoes 28-ounces, about 3 cups
- 1 teaspoon dried oregano
- 1/4 teaspoon black pepper freshly ground
- 1/4 cup flat leaf parsley chopped fresh
- 1/2 cup feta cheese crumbled

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 10 milligrams
4. Fat: 9 grams
5. Protein: 2 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 570 milligrams
8. Sugar: 1 grams

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