

Air Fryer Greek Chicken

Yield: 2 min
Total Time: 17 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-fries-recipe-air-fryer>

Ingredients:

- 10 ounces boneless, skinless chicken breast
- 1/2 medium red onion coarsley chopped
- 1/2 red bell pepper coarsley chopped
- 1/2 medium zucchini coarsely chopped
- 1 teaspoon dried oregano
- 1/2 teaspoon dried parsley
- 1/2 teaspoon garlic powder
- 1/4 teaspoon dried thyme
- salt
- pepper
- 1 1/2 tablespoons olive coconut, or avocado oil
- 2 tablespoons crumbled feta cheese

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 100 milligrams
4. Fat: 7 grams
5. Fiber: 4 grams
6. Protein: 33 grams
7. SaturatedFat: 3 grams
8. Sodium: 720 milligrams
9. Sugar: 4 grams

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