

Greek Lemon Chicken & Potatoes

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-oregano-chicken-recipe>

Ingredients:

- 4 tablespoons extra virgin olive oil Kosterina
- 1 shallot medium, diced
- 3 tablespoons minced garlic
- 1/3 cup dry white wine
- 2 teaspoons dried oregano Greek
- 1 teaspoon fresh thyme leaves zest from one large lemon
- 2 tablespoons fresh lemon juice
- 1 teaspoon sea salt
- 1/4 teaspoon freshly ground pepper
- 4 pieces chicken boneless, skin-on, breasts and thighs
- 2 yukon gold potatoes small, peeled and cut into chunks
- 1 whole lemon
- 8 wedges sea salt

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 24 grams
3. Fat: 14 grams
4. Fiber: 5 grams
5. Protein: 5 grams
6. SaturatedFat: 2 grams
7. Sodium: 610 milligrams

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