

# Greek Spinach Pie

Yield: 12 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-shepherd-s-pie-recipe>

## Ingredients:

- 6 sheets phyllo pastry
- 4 tablespoons unsalted butter
- 1 tablespoon olive oil
- 1 onion large, finely chopped
- 20 ounces spinach frozen, chopped, defrosted
- 2 cups ricotta cheese
- 8 ounces feta cheese crumbled
- 8 ounces jack cheese grated
- 2 large eggs
- 3 tablespoons fresh dill finely chopped
- 3 tablespoons finely chopped fresh parsley
- 1/4 teaspoon salt
- 1/4 teaspoon freshly ground black pepper

## Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 100 milligrams
4. Fat: 21 grams
5. Fiber: 1 grams
6. Protein: 15 grams
7. SaturatedFat: 13 grams
8. Sodium: 490 milligrams
9. Sugar: 1 grams

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