

Greek Turkey Burgers

Yield: 4 min
Total Time: 18 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-hamburger-stuffing-recipe>

Ingredients:

- 1 pound ground turkey
- 1 cup crumbled feta cheese
- 1/2 cup Kalamata olives chopped
- 1 teaspoon dried oregano
- 1 teaspoon Italian seasoning
- 1 teaspoon dried parsley
- 1 teaspoon dried basil
- 1 teaspoon onion powder
- 1/2 teaspoon garlic powder
- ground black pepper to taste
- buns or pita bread, for serving
- lettuce
- tomato
- hummus for serving

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 125 milligrams
4. Fat: 19 grams
5. Fiber: 1 grams
6. Protein: 25 grams
7. SaturatedFat: 8 grams
8. Sodium: 680 milligrams
9. Sugar: 3 grams

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