

Creamy Greek Dressing

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/light-greek-dressing-recipe>

Ingredients:

- 1/4 cup greek yogurt
- 1/4 cup olive oil
- 2 tablespoons lemon juice
- 1 tablespoon crumbled feta
- 1 garlic clove pureed
- 1/4 teaspoon dried oregano
- salt
- pepper

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 5 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 1 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 230 milligrams
9. Sugar: 1 grams

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