

Galaktoboureko | Greek Custard Dessert

Yield: 9 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-custard-dessert-recipe>

Ingredients:

- 1/2 pound phyllo box of room temperature, 14 sheets total
- 1/2 cup butter melted
- custard Galaktoboureko
- 3 cups milk
- 3 eggs
- 1/2 cup sugar
- 1 teaspoon vanilla extract
- 1/2 tablespoon grated lemon zest
- 1/2 cup semolina
- syrup Galaktoboureko
- 1/2 cup sugar
- 1/2 cup water
- 1 teaspoon lemon juice
- 1 slice lemon peel
- 1 slice orange peel

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 51 grams
3. Cholesterol: 130 milligrams
4. Fat: 17 grams
5. Fiber: 1 grams
6. Protein: 11 grams
7. SaturatedFat: 9 grams
8. Sodium: 290 milligrams
9. Sugar: 30 grams

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