

Greek Chickpea Salad + Tzatziki Dressing

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-chickpea-salad-recipe>

Ingredients:

- 2 English cucumbers medium, chopped
- 1 yellow bell pepper large, chopped
- 2 cups cherry tomatoes halved
- 1 red onion medium, diced
- 1 can chickpeas drained and rinsed
- 1/2 cup pitted kalamata olives halved
- 1/2 cup crumbled feta cheese
- 1/3 cup plain greek yogurt
- 1 tablespoon extra virgin olive oil
- 2 tablespoons lemon juice fresh squeezed
- 1 tablespoon lemon zest fresh
- 2 garlic cloves fresh, minced or pressed
- 1 handful fresh dill chopped
- sea salt
- fresh ground black pepper

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 20 milligrams
4. Fat: 11 grams
5. Fiber: 8 grams
6. Protein: 12 grams
7. SaturatedFat: 4 grams
8. Sodium: 900 milligrams
9. Sugar: 8 grams

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