

# Greek Chicken Skewers

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-chicken-skewers-recipe>

## Ingredients:

- 2 pounds chicken tenderloins
- 1/2 cup olive oil
- 2 teaspoons salt
- 2 teaspoons pepper
- 2 tablespoons oregano
- 1 tablespoon rosemary
- 1 tablespoon thyme
- 1 lemon You can even add the zest from that lemon if your are feeling ZESTY!
- 6 cups chicken broth
- 1 pound orzo
- 2 cups grape tomatoes red or yellow
- 7 ounces feta cheese crumbled
- 1 cup chopped fresh basil
- 1 cup chopped green onion optional
- 1/2 pine nuts and/or sliced almonds, I like a little of both
- 1/4 cup red wine vinegar
- 2 tablespoons lemon juice fresh is best
- 1 teaspoon honey
- 1/2 cup olive oil
- 1 dash pepper

## Nutrition:

1. Calories: 1390 calories
2. Carbohydrate: 103 grams
3. Cholesterol: 190 milligrams
4. Fat: 77 grams
5. Fiber: 7 grams
6. Protein: 79 grams
7. SaturatedFat: 17 grams

8. Sodium: 2120 milligrams
  9. Sugar: 10 grams
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