

Grilled Greek Chicken Shish Kabobs

Yield: 6 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-chicken-shish-kebab-recipe>

Ingredients:

- 1 1/2 pounds chicken cut into 1-1/2 inch cubes
- 1 red bell pepper cut into bite-sized pieces
- 1 green bell pepper cut into bite-sized pieces
- 1 red onion cut into bite-sized pieces
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 2 tablespoons lemon juice
- 1/3 cup olive oil
- 1/2 teaspoon rosemary dried
- 1/2 teaspoon thyme dried
- 1 teaspoon oregano Greek, dried
- 1/2 teaspoon garlic powder
- 1 tablespoon apple cider vinegar
- 1/4 teaspoon salt
- 1/4 teaspoon pepper

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 75 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 23 grams
7. SaturatedFat: 3 grams
8. Sodium: 280 milligrams
9. Sugar: 2 grams

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