

Curried Chicken Salad With Greek Yogurt

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-chicken-salad-sandwich-recipe>

Ingredients:

- 1/2 cup low fat greek yogurt
- 1 tablespoon curry powder
- 1/4 teaspoon cayenne powder
- 2 cups cooked chicken white or dark meat, coarsely chopped
- 2 stalks celery finely diced
- 1/2 cup red grapes halved
- 3 tablespoons fresh parsley finely chopped
- salt
- pepper

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 60 milligrams
4. Fat: 10 grams
5. Fiber: 2 grams
6. Protein: 20 grams
7. SaturatedFat: 3 grams
8. Sodium: 260 milligrams
9. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Curried Chicken Salad With Greek Yogurt above. You can see more 15 greek chicken salad sandwich recipe Savor the mouthwatering goodness! to get more great cooking ideas.