

Baked Greek Chicken

Yield: 2 min

Total Time: 255 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-chicken-pieces-recipe>

Ingredients:

- 2 pounds chicken pieces
- 1 cup plain greek yogurt
- 3 tablespoons olive oil
- 6 cloves garlic crushed and chopped
- 1 lemon juice medium, and zest
- 1/2 teaspoon kosher salt
- 1 pinch red pepper flakes
- 1/4 bunch fresh oregano
- 1/4 bunch fresh parsley

Nutrition:

1. Calories: 1250 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 355 milligrams
4. Fat: 92 grams
5. Protein: 91 grams
6. SaturatedFat: 23 grams
7. Sodium: 980 milligrams
8. Sugar: 7 grams

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