

Lemon Chicken Orzo Soup

Yield: 8 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-chicken-orzo-soup-recipe>

Ingredients:

- 1 tablespoon olive oil
- 1 onion medium, diced
- 2 cloves garlic minced
- 2 carrots peeled and sliced into 1/4 inch thick
- 1 celery stalk, thinly sliced
- 8 cups chicken broth
- 2 lemons
- 2 lemons about 1/3 cup
- 1 bay leaf
- 1 1/2 cups orzo pasta
- 2 cups chicken cooked shredded
- 1/4 cup parsley leaves chopped fresh flat-leaf
- salt and pepper, to taste

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 35 milligrams
4. Fat: 6 grams
5. Fiber: 5 grams
6. Protein: 21 grams
7. SaturatedFat: 1 grams
8. Sodium: 230 milligrams
9. Sugar: 1 grams

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