Greek Chicken Burgers with Feta

Yield: 5 min
Total Time: 25 min

Recipe from: https://www.recipeschoose.com/recipes/greek-chicken-burgers-with-feta-recipe

Ingredients:

- 1 pound ground chicken
- 1/2 cup dry bread crumbs
- 1 egg
- 1 tablespoon lemon juice
- 2 tablespoons sun-dried tomatoes chopped
- 1 tablespoon fresh basil chopped
- 3 teaspoons fresh oregano chopped
- pepper
- salt
- 2 ounces crumbled feta cheese

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 130 milligrams
4. Fat: 11 grams
5. Fiber: 1 grams
6. Protein: 20 grams
7. SaturatedFat: 4 grams
8. Sodium: 450 milligrams
9. Sugar: 2 grams

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