

Greek Chicken and Orzo Soup

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-chicken-and-orzo-recipe>

Ingredients:

- 2 cups chicken chopped, See Note 1
- 2 tablespoons olive oil
- 1 onion diced
- 4 carrots peeled and sliced
- 4 ribs celery chopped
- 1/2 teaspoon kosher salt
- 1/2 teaspoon red pepper flakes
- 1/4 cup flour
- 1 cup dry white wine
- 6 cups chicken broth
- 1 teaspoon dried oregano
- 2 lemons separated, See Note 2
- 1 cup orzo pasta
- 1/2 cup feta cheese crumbled
- 1/4 cup parsley chopped

Nutrition:

1. Calories: 1290 calories
2. Carbohydrate: 58 grams
3. Cholesterol: 295 milligrams
4. Fat: 66 grams
5. Fiber: 7 grams
6. Protein: 108 grams
7. SaturatedFat: 22 grams
8. Sodium: 890 milligrams
9. Sugar: 6 grams

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