

Low Carb Greek Cauliflower Rice Bowl

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-cauliflower-rice-recipe>

Ingredients:

- 4 cups cauliflower rice
- 1 cup cucumber slices
- 1 cup chicken breast cooked and chopped
- 1/4 cup red onion chopped
- 1/2 cup grape tomatoes chopped
- 8 Kalamata olives chopped
- 4 ounces feta cheese
- 1/2 cup olive oil
- 2 tablespoons red wine vinegar
- 2 tablespoons lemon juice
- 1 clove garlic crushed
- 1/2 teaspoon oregano
- 1/2 lemon
- 1/4 teaspoon salt
- 1/8 teaspoon pepper

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 50 milligrams
4. Fat: 34 grams
5. Fiber: 4 grams
6. Protein: 15 grams
7. SaturatedFat: 8 grams
8. Sodium: 570 milligrams
9. Sugar: 5 grams

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