

# Lahanosalata (Greek Cabbage Salad)

Yield: 5 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-cabbage-salad-recipe>

## Ingredients:

- 1 tablespoon sesame seeds
- 1/2 cabbage finely shredded
- parsley Handful of flat, chopped
- 1 handful mint chopped
- 7/8 cup cheese kefalograviera, shaved
- 2 tablespoons extra-virgin olive oil
- 1 tablespoon lemon juice
- 1 pinch sea salt

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 20 milligrams
4. Fat: 13 grams
5. Fiber: 2 grams
6. Protein: 6 grams
7. SaturatedFat: 5 grams
8. Sodium: 200 milligrams

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