

# Double Decker Greek Burger

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-burger-recipe-feta>

## Ingredients:

- 2 pounds ground round
- 1 tablespoon seasoned salt
- 1 teaspoon pepper coarse
- 2 tablespoons olive oil
- 1 onion large, sliced thin
- 1 tablespoon salt
- 1 teaspoon sugar
- 1/3 cup greek yogurt
- 1/4 cucumber diced
- 1 tablespoon dill
- 1/2 lemon juiced
- 1 teaspoon sea salt
- 12 burger buns split
- hummus store bought or use this recipe
- feta cheese crumbled
- Kalamata olives diced
- 1 jalapeno small, diced
- 1 tablespoon olive oil
- diced tomatoes Petite

## Nutrition:

1. Calories: 1220 calories
2. Carbohydrate: 74 grams
3. Cholesterol: 170 milligrams
4. Fat: 79 grams
5. Fiber: 5 grams
6. Protein: 54 grams
7. SaturatedFat: 31 grams
8. Sodium: 3230 milligrams

9. Sugar: 13 grams

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