

# Greek Bifteki

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-bifteki-recipe>

## Ingredients:

- 1 1/3 pounds ground beef
- 1 tablespoon plain yogurt
- 2 teaspoons dried thyme
- salt
- pepper
- 4 ounces feta cheese

## Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 130 milligrams
4. Fat: 29 grams
5. Fiber: 1 grams
6. Protein: 33 grams
7. SaturatedFat: 13 grams
8. Sodium: 610 milligrams
9. Sugar: 1 grams
10. TransFat: 1.5 grams

---

Thank you for visiting our website. Hope you enjoy Greek Bifteki above. You can see more 18 greek biftekia recipe Experience flavor like never before! to get more great cooking ideas.