

# Greek Beet Salad

Yield: 4 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-beet-salad-recipe>

## Ingredients:

- 2 pounds beets fresh, trimmed
- 4 tablespoons olive oil
- 2 tablespoons red wine vinegar
- 3 cloves garlic grated
- coarse salt
- freshly ground pepper

## Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 29 grams
3. Fat: 16 grams
4. Fiber: 9 grams
5. Protein: 6 grams
6. SaturatedFat: 2 grams
7. Sodium: 430 milligrams
8. Sugar: 18 grams

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