

# Balsamic Dressing Pasta Salad

Yield: 8 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-balsamic-dressing-recipe>

## Ingredients:

- 1 pound pasta
- 1/2 red onion small, finely chopped
- 1 red bell pepper chopped
- 1 yellow bell pepper chopped
- 1 can chickpeas drained and rinsed
- 1 cup balsamic vinaigrette dressing
- fresh oregano or basil for garnish, optional

## Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 64 grams
3. Fat: 2 grams
4. Fiber: 5 grams
5. Protein: 11 grams
6. Sodium: 180 milligrams
7. Sugar: 7 grams

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