

Greek Style Shrimp Whole Wheat Orzo Salad

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-aubergine-salad-recipe>

Ingredients:

- 8 ounces whole wheat orzo rice shaped pasta*
- 1 eggplant small, 12 ounces
- 1 cup red onion sliced
- 1 cup carrots sliced
- 4 tablespoons olive oil
- 12 ounces deveined shrimp large shelled, thawed if frozen
- 1 tablespoon lemon juice
- 1/4 teaspoon salt each, and pepper
- 3/4 cup feta cheese crumbled

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 155 milligrams
4. Fat: 21 grams
5. Fiber: 6 grams
6. Protein: 23 grams
7. SaturatedFat: 6 grams
8. Sodium: 610 milligrams
9. Sugar: 7 grams

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