

# Grandma's Real Southern Baked Beans

Yield: 20 min  
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-great-northern-bean-recipe>

## Ingredients:

- 1 yellow onion medium, small diced
- 8 bacon pieces thick sliced
- 1 roasted red pepper from the jar, about 1/3 cup small diced
- 1/3 cup cider vinegar or plain distilled vinegar
- 1 cup bbq sauce
- 1/2 cup brown sugar packed
- 2 teaspoons dry mustard
- 2 tablespoons molasses
- 2 teaspoons Worcestershire sauce
- 30 ounces Great Northern beans drained
- 112 ounces pork and beans not drained, I used Bush's
- 1 yellow onion medium, small diced
- 8 bacon pieces thick sliced
- 1 roasted red pepper from the jar, about 1/3 cup small diced
- 1/3 cup cider vinegar or plain distilled vinegar
- 1 cup bbq sauce
- 1/2 cup brown sugar packed
- 2 teaspoons dry mustard
- 2 tablespoons molasses
- 2 teaspoons Worcestershire sauce
- 30 ounces Great Northern beans drained
- 112 ounces pork and beans not drained, use all of the included liquid

## Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 102 grams
3. Cholesterol: 25 milligrams

4. Fat: 9 grams
  5. Fiber: 26 grams
  6. Protein: 24 grams
  7. SaturatedFat: 4 grams
  8. Sodium: 1650 milligrams
  9. Sugar: 16 grams
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