

Grandma's Italian Meatball

Yield: 8 min
Total Time: 150 min

Recipe from: <https://www.recipeschoose.com/recipes/great-grandma-s-italian-meatball-recipe>

Ingredients:

- 4 tablespoons olive oil
- 1/2 cup yellow onions minced
- 4 garlic gloves, minced
- 7 cups crushed tomatoes I recommend Cento Brand, imported from Italy
- 6 ounces tomato paste use less if a thinner consistency is desired
- 2 teaspoons kosher salt add more to taste
- 2 pounds ground beef I used 80% lean meat to 20% fat
- 2 large eggs
- 2 cloves garlic finely minced
- 1 teaspoon yellow onion finely minced
- 1 teaspoon ground pepper fresh
- 2 teaspoons salt
- 1/2 cup grated Parmesan cheese freshly
- 1 cup breadcrumbs Grandma recommends Italian style
- fresh basil for garnish, if desired, optional
- grated Parmesan cheese Freshly, for garnish, if desired, optional

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 130 milligrams
4. Fat: 26 grams
5. Fiber: 5 grams
6. Protein: 31 grams
7. SaturatedFat: 9 grams
8. Sodium: 1830 milligrams
9. Sugar: 4 grams
10. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy Grandma's Italian Meatball above. You can see more 18 great grandma's italian meatball recipe Cook up something special! to get more great cooking ideas.