

Home-made Fruit Roll-ups (raw, vegan, no added sugar!)

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/great-british-baking-show-chocolate-swiss-roll-recipe>

Ingredients:

- 6 cups fruit Fresh, ripe seasonal
- apple
- roll

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 44 grams
3. Fat: 0.5 grams
4. Fiber: 5 grams
5. Protein: 1 grams
6. Sodium: 65 milligrams
7. Sugar: 34 grams

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