

Chicken Salad with Greek Yogurt, Apples and Pecans

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/grape-salad-recipe-with-greek-yogurt>

Ingredients:

- 1 chicken breast cooked, cooled and diced or shredded
- 1/2 cup celery diced, about 2 stalks
- 1/2 cup apple diced
- 1/2 cup grapes quartered or halved depending on size
- 1/4 cup red onion diced
- 1/2 cup pecans chopped
- 1/4 cup dried cranberries
- 1/2 cup Greek yogurt
- 1 tablespoon fresh lemon juice
- 3 tablespoons mayo
- 1/2 teaspoon paprika
- 1/2 teaspoon garlic powder
- 1/2 teaspoon salt
- 1/4 teaspoon pepper

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 45 milligrams
4. Fat: 19 grams
5. Fiber: 3 grams
6. Protein: 15 grams
7. SaturatedFat: 3 grams
8. Sodium: 470 milligrams
9. Sugar: 9 grams

Thank you for visiting our website. Hope you enjoy Chicken Salad with Greek Yogurt, Apples and Pecans above. You can see more 16 grape salad recipe with greek yogurt Cook up something special! to get more great cooking ideas.