

# Gazpacho

Yield: 4 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/new-mexico-gazpacho-recipe>

## Ingredients:

- 2 cups country bread cubed day-old, crusts removed
- 2 garlic cloves medium sized, chopped
- 1 pinch ground cumin
- kosher salt
- 3 pounds tomatoes ripest, most flavorful, possible, seeded and chopped
- 1/2 seedless cucumber peeled and chopped
- 1 red bell pepper medium-size, cored, seeded and chopped
- 1/4 cup red onion chopped
- 1/2 cup extra virgin olive oil
- 1/2 cup spring water chilled
- 3 tablespoons sherry vinegar

## Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 27 grams
3. Fat: 27 grams
4. Fiber: 5 grams
5. Protein: 6 grams
6. SaturatedFat: 4 grams
7. Sodium: 320 milligrams
8. Sugar: 13 grams

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