

# Southern-Style Bacon Grilled Cheese Sandwich

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/gourmet-grilled-cheese-sandwich-recipe-southern-living>

## Ingredients:

- 1 cup spinach organic, or kale
- 1 cup fresh basil leaves
- 1 cup chopped walnuts
- 1/4 cup extra virgin olive oil
- 1 teaspoon freshly squeezed lemon juice
- 4 garlic cloves
- 1 teaspoon sea salt + black pepper
- 8 slices bread I love using Dave's Killer Done Right White Bread or rustic sourdough bread
- 8 slices cheddar cheese or organic American
- 4 tablespoons unsalted butter softened
- 8 bacon strips cooked, roughly chopped, This tastes great with candied bacon also; See Notes!
- 4 tablespoons unsalted butter softened at room temp.
- 1 teaspoon garlic powder
- 1 teaspoon dried parsley
- 1 teaspoon dried oregano
- 1 pinch sea salt

## Nutrition:

1. Calories: 970 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 130 milligrams
4. Fat: 84 grams
5. Fiber: 4 grams
6. Protein: 26 grams
7. SaturatedFat: 33 grams
8. Sodium: 1500 milligrams

9. Sugar: 4 grams

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