

Southern Goulash!

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/goulash-recipe-with-italian-seasoning>

Ingredients:

- 1 pound ground chuck browned
- 1 medium onion chopped
- 1/3 cup green bell pepper or red, chopped
- 2 cups elbow macaroni uncooked
- 15 ounces stewed tomatoes
- 15 ounces tomato sauce
- 4 cups water
- 1 tablespoon sugar
- 1 tablespoon Italian seasoning
- 1 teaspoon oregano
- 1 tablespoon Worcestershire sauce
- 1 teaspoon seasoned salt
- 1 teaspoon garlic salt
- 1/2 teaspoon black pepper
- 1/2 teaspoon Cajun seasoning like Tony Chachere's, optional
- 1 dash Tabasco Sauce
- 1/2 cup grated Parmesan cheese
- 2 cups shredded cheddar cheese

Nutrition:

1. Calories: 880 calories
2. Carbohydrate: 71 grams
3. Cholesterol: 150 milligrams
4. Fat: 44 grams
5. Fiber: 7 grams
6. Protein: 51 grams
7. SaturatedFat: 22 grams
8. Sodium: 1350 milligrams
9. Sugar: 21 grams

10. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy Southern Goulash! above. You can see more 17 goulash recipe with italian seasoning Dive into deliciousness! to get more great cooking ideas.