

# ‘Good Seasons’ Italian Dressing

Yield: 1 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/good-seasons-low-fat-italian-dressing-recipe>

## Ingredients:

- 1 1/2 teaspoons garlic powder coarse, granulated
- 1 1/2 teaspoons onion powder coarse, granulated
- 1 1/2 teaspoons dried parsley
- 1 1/2 teaspoons salt
- 1 1/2 teaspoons dried leaves oregano
- 1/2 teaspoon ground black pepper
- 1/2 teaspoon dried basil leaves
- 1/4 teaspoon dried thyme leaves
- 1/8 teaspoon celery seed
- 2 tablespoons water
- 1/4 cup red wine vinegar
- 2/3 cup virgin olive oil extra-

## Nutrition:

1. Calories: 1320 calories
2. Carbohydrate: 8 grams
3. Fat: 144 grams
4. Fiber: 2 grams
5. Protein: 2 grams
6. SaturatedFat: 20 grams
7. Sodium: 3550 milligrams

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