

# GOOD SEASONS ITALIAN DRESSING MIX COPYCAT

Yield: 8 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/good-seasons-italian-recipe>

## Ingredients:

- 1 tablespoon garlic powder
- 1 tablespoon onion powder
- xylitol
- splenda
- Truvia
- 2 tablespoons dried oregano
- 1 teaspoon ground black pepper
- 1/4 teaspoon thyme
- 1 teaspoon dried basil
- 1 tablespoon dried parsley
- 1/4 teaspoon celery seed or celery salt
- 1 teaspoon sea salt

## Nutrition:

1. Calories: 10 calories
2. Carbohydrate: 2 grams
3. Fiber: 1 grams
4. Sodium: 300 milligrams

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