

# Easy Italian Baked Chicken

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-using-good-seasons-italian-dressing>

## Ingredients:

- 1/2 cup grated Parmesan cheese
- 1 package Good Seasons dry Italian dressing mix
- 1/2 teaspoon garlic powder
- 6 boneless skinless chicken breast

## Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 125 milligrams
4. Fat: 9 grams
5. Protein: 42 grams
6. SaturatedFat: 4 grams
7. Sodium: 400 milligrams

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