

# Crock Pot Italian Beef Sandwiches

Yield: 8 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-italian-beef-sandwich-recipe>

## Ingredients:

- 3 cups beef stock low sodium is best for this recipe
- 2 tablespoons Italian seasoning
- 2 cloves garlic minced
- 16 ounces giardiniera mix, we will be using the whole jar with the liquid
- 1 cup pepperoncinis
- 1/4 cup juice pepperoncinis, optional, see note
- 3 pounds chuck roast
- 2 tablespoons extra virgin olive oil
- 1/2 cup red wine optional, see note
- 8 Italian rolls soft
- butter optional
- mozzarella cheese optional

## Nutrition:

1. Calories: 670 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 120 milligrams
4. Fat: 39 grams
5. Fiber: 3 grams
6. Protein: 40 grams
7. SaturatedFat: 15 grams
8. Sodium: 630 milligrams
9. Sugar: 4 grams

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