

# Fat Free Potato Chips

Yield: 2 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/good-seasons-fat-free-italian-dressing-recipe>

## Ingredients:

- 2 potatoes large red
- salt or other seasonings

## Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 34 grams
3. Fiber: 4 grams
4. Protein: 4 grams
5. Sodium: 400 milligrams
6. Sugar: 2 grams

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