

Mexican Pinto Bean Casserole

Yield: 8 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/the-best-mexican-pinto-bean-recipe>

Ingredients:

- 11 ounces doritos or Fritos chips
- 2 cans pinto beans 30 oz. each, rinsed and drained
- 15 ounces whole kernel corn, drained
- 14 1/2 ounces tomatoes diced Mexican-style, drained
- 8 ounces tomato sauce
- 1 tablespoon chili powder
- 1/4 teaspoon garlic powder
- 1/4 teaspoon onion powder
- 1/4 teaspoon dried oregano
- 1/8 teaspoon cayenne pepper
- 1/2 teaspoon paprika
- 1 1/2 teaspoons ground cumin
- 1 teaspoon salt
- 1 teaspoon pepper
- 2 cups cheddar cheese
- lettuce optional
- sour cream optional
- jalapenos optional
- black olives optional
- tomatoes optional

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 35 milligrams
4. Fat: 21 grams
5. Fiber: 5 grams
6. Protein: 15 grams
7. SaturatedFat: 9 grams

8. Sodium: 990 milligrams
 9. Sugar: 7 grams
-

Thank you for visiting our website. Hope you enjoy Mexican Pinto Bean Casserole above. You can see more 20 the best mexican pinto bean recipe Dive into deliciousness! to get more great cooking ideas.