

Swedish Meatball Pasta Bake

Yield: 8 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/good-juicy-swedish-turkey-meatball-recipe>

Ingredients:

- 16 ounces shell pasta uncooked
- 16 ounces turkey meatballs frozen
- 3 tablespoons butter
- 1/2 cup onions sliced, about one medium onion
- 1/4 cup all-purpose flour
- 3 cups low sodium beef broth
- 1/3 cup sour cream
- salt
- pepper
- 2 tablespoons fresh parsley, chopped

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 60 milligrams
4. Fat: 12 grams
5. Fiber: 2 grams
6. Protein: 19 grams
7. SaturatedFat: 5 grams
8. Sodium: 410 milligrams
9. Sugar: 3 grams

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