

Vietnamese Chicken Salad – Goi Ga

Yield: 5 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/goi-vietnamese-salad-recipe>

Ingredients:

- 3 chicken breasts cooked any way you want, grilled, baked, roasted etc.
- 1/2 cabbage whole large, can be red, green etc.. or mix them like I do
- 1 cabbage if you're short on time you can buy a bag of mixed, already shredded - no chopping for you to do
- 1 cup fresh mint leaves
- 1 cup thai basil fresh, or if you can't find that regular basil or fresh coriander
- 1/2 cup peanuts
- 2 carrots peeled, cut into matchstick size
- 1/3 cup lime juice
- 1/3 cup fish sauce don't worry the salad will not taste "fishy" add a bit less if this is your first time trying
- 1 clove garlic
- Sriracha to taste
- 1 tablespoon brown sugar optional some people like a bit of sweetness I don't use the sugar but some of my guess like it with

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 85 milligrams
4. Fat: 11 grams
5. Fiber: 8 grams
6. Protein: 37 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 1770 milligrams
9. Sugar: 6 grams

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