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Baked Gnocchi with Italian Sausage

Yield: 8 min Total Time: 60 min

Recipe from: https://www.recipeschoose.com/recipes/gnocchi-recipe-with-italian-sausage

Ingredients:

- 4 ounces baby spinach fresh
- 2 tablespoons extra virgin olive oil
- 1 cup onion diced
- 1 1/2 cups bell pepper diced, any bell pepper combination such as red, green, yellow or orange
- 1/4 teaspoon pepper flakes
- 1 tablespoon minced garlic
- 1 pound italian sausage out of casings
- 28 ounces diced tomatoes with juice
- 4 tablespoons tomato paste
- 1 pound gnocchi
- 1/2 cup heavy cream
- 1 1/2 cups whole milk ricotta cheese
- 1 egg beaten
- 1/2 cup leaf parsley fresh Italian, chopped
- 1 teaspoon kosher salt
- 1/2 teaspoon freshly ground black pepper
- 1/2 cup fresh basil chopped
- 1 cup grated Parmesan cheese freshly, divided
- 2 cups shredded mozzarella cheese

Nutrition:

Calories: 650 calories
Carbohydrate: 35 grams
Cholesterol: 150 milligrams

4. Fat: 44 grams5. Fiber: 3 grams6. Protein: 29 grams

7. SaturatedFat: 21 grams8. Sodium: 1420 milligrams

9. Sugar: 6 grams

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