

Mini Turkish Pide Pizza

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/gluten-free-turkish-pide-recipe>

Ingredients:

- 2 tablespoons olive oil
- 1 medium onion finely diced
- 3 garlic cloves chopped
- 500 grams beef mince
- 3 tablespoons tomato paste
- 2 teaspoons ground cumin
- 2 teaspoons ground coriander
- 2 teaspoons smoked paprika
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 1 large tomato diced
- 1 carrot finely diced
- 1 zucchini finely diced
- 1/4 cup water
- 3 tablespoons pine nuts
- cucumber ribbons
- diced tomato
- 2 tablespoons fresh parsley chopped
- 2 tablespoons fresh mint chopped
- lemon quarters
- 1/2 cup Greek yoghurt
- 1/2 lemon
- 1 garlic clove x small, finely minced

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 90 milligrams
4. Fat: 31 grams

5. Fiber: 6 grams
6. Protein: 29 grams
7. SaturatedFat: 9 grams
8. Sodium: 510 milligrams
9. Sugar: 9 grams
10. TransFat: 1.5 grams

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