

Gluten-Free Southern Skillet Cornbread

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/gluten-free-southern-skillet-cornbread-recipe>

Ingredients:

- 2 cups grits 11 ounces, 315g stone-ground yellow
- 1 teaspoon kosher salt
- 1 1/4 teaspoons baking soda
- 3/4 teaspoon cream of tartar
- 2 eggs
- 2 cups buttermilk whole-milk buttermilk preferred, see note below
- 1 tablespoon honey more for drizzling
- 8 tablespoons butter more to serve

Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 79 grams
3. Cholesterol: 175 milligrams
4. Fat: 29 grams
5. Fiber: 3 grams
6. Protein: 14 grams
7. SaturatedFat: 16 grams
8. Sodium: 1300 milligrams
9. Sugar: 12 grams

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