

Gingerbread Man Christmas Ornaments

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/gingerbread-man-recipe-for-christmas-tree>

Ingredients:

- 3/4 cup ground cinnamon use an off brand
- 1/4 cup ground ginger
- 1 teaspoon ground cloves
- 1/4 teaspoon all-spice
- 1/4 cup applesauce
- 1/2 cup liquid white glue, like what you buy for school supplies

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 26 grams
3. Fat: 0.5 grams
4. Fiber: 13 grams
5. Protein: 1 grams
6. Sodium: 5 milligrams
7. Sugar: 3 grams

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